

Study Notes on Self Control - Sue Fensome

Titus 2:11-3:8

1. Sue suggested that the Christians in Crete took the view that if we are saved by grace through faith, then we can actually do what we like - past, present and future sins are already dealt with! What is the flaw in this argument? See Paul's argument against this position in Romans 6.
2. Sue's first motivator for self control was that we are a purchased people. See 1 Corinthians 6:20. If we are to honour God with our bodies, where might we need to exercise self control?
3. Sue pointed out that we are a purified people – see 1 John 1:7 and Titus 3:5. In what ways might lack of self control undermine the faith we profess?
4. Sue described us as a practising people, living out the Christian life. Read the warnings in James 3:2-10 about the potential effect of little things. How can we keep control over our tongues? See Proverbs 3:4
5. Sue described us a patient people. To what extent does remembering how we were before we became Christians help us to be more patient (i.e. self controlled) when we see others lacking in self control?
6. Pray for one another that we may exercise self control; and for those in the public eye who face not only enhanced temptations but the scrutiny which goes with public office.

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